

WELCOME
to
Lake
Intermediate's
Pastries with the
Principal

LAKE DRAGONS
BREATHE
FIRE



FOCUS
INTEGRITY
RESPECT
EXCELLENCE

WELCOME LAKE FAMILIES
BIENVENIDAS FAMILIAS DE LAKE
CHÀO ĐÓN QUÝ VỊ PHỤ HUYNH CỦA LAKE

The Garden Grove Way

Our Mission

To ensure student success, we will provide a rigorous and supportive academic experience that motivates all learners to meet high expectations.

Our Vision

We are committed to preparing all students to be successful and responsible citizens who contribute and thrive in a diverse society.

Goal 1



Academic Skills

Academic Content
Academic English
Scholarly Habits



Goal 2



Personal Skills

Motivation
Well-being
Climate & Culture



Goal 3



Lifelong Success

College & Career Readiness
College & Career Success

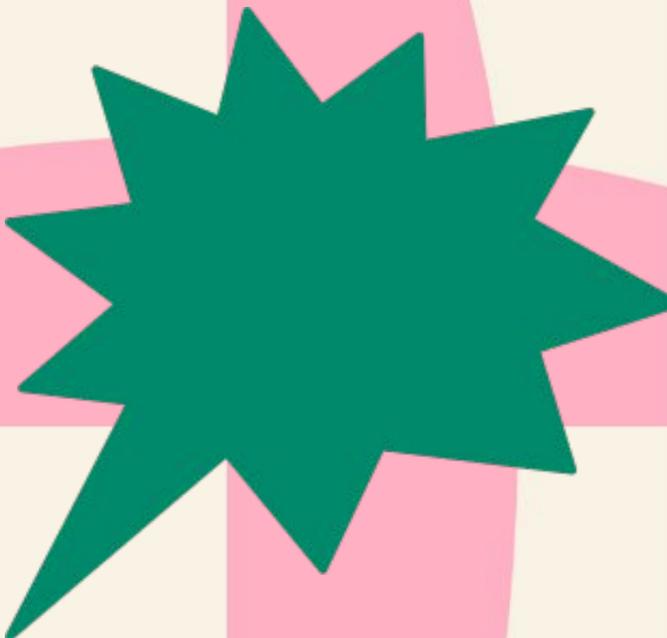


Lake Team



Stephanie Meyer, ASPIRE
Erika Molina, Counselor
John Delizo, Olive Crest
Fotina Vega, Project Kinship





Making Connections



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Agenda



- Navigating transition into Adolescence
- Staying Connected
- Lets Connect

Navigating Transition to Adolescence

New **BIG** emotions

Lonely Parenting

Strategies to Help

Social Media

Construction on the Brain

Connections Time



New BIG Emotions



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Lonely Parenting

- Parenting can feel lonely, although we can rarely be alone.



- The meltdown is real



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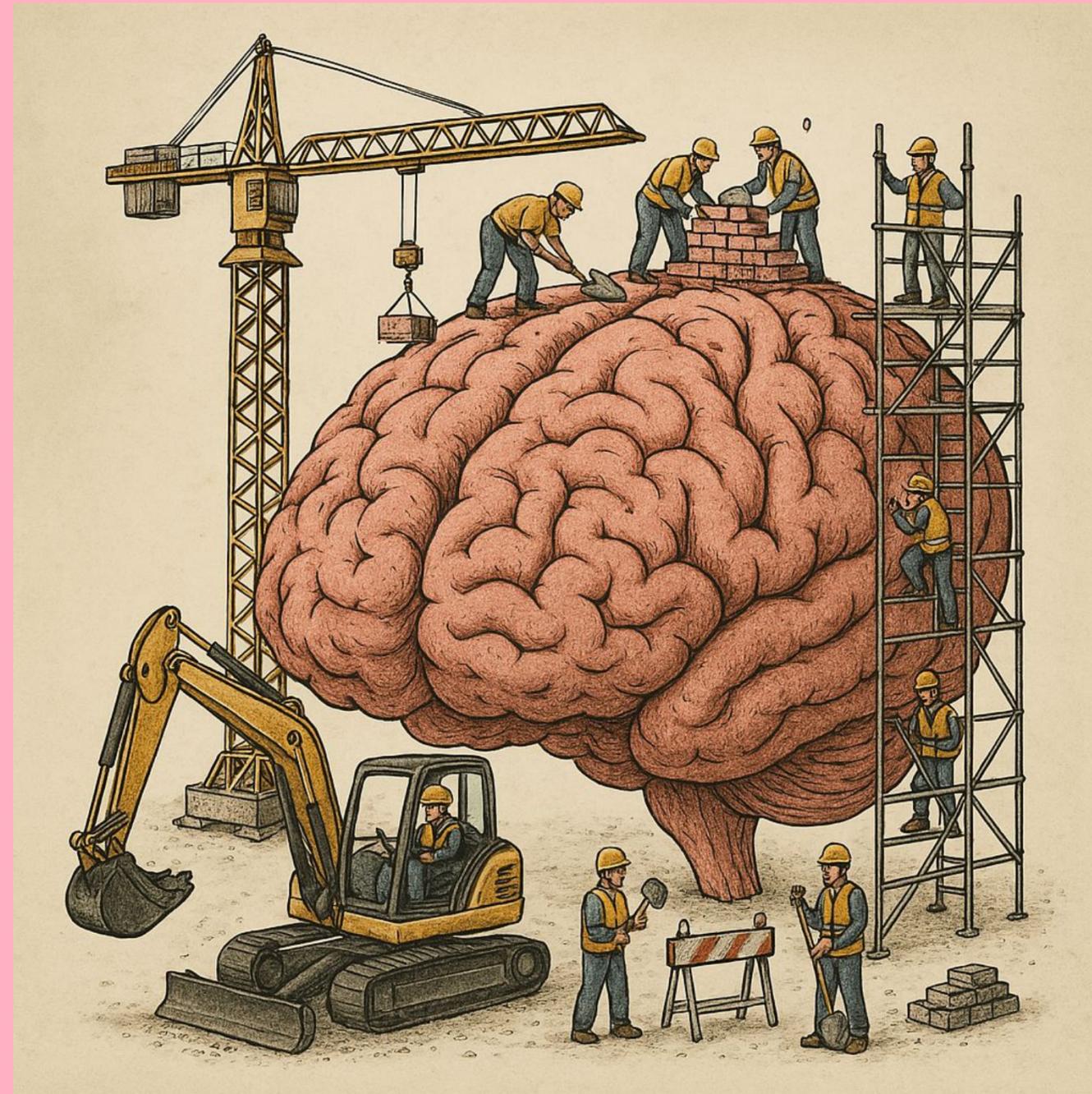
Strategies to Help

Social Media

Construction on the Brain

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Construction on the Brain



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Connections Time

Planned Connections

- Meal times
- 1:1 Time
- Engage in activity fun for teen

Unplanned Connections

- Active Listening
- Physical Connection
- Understanding doesn't always mean you agree



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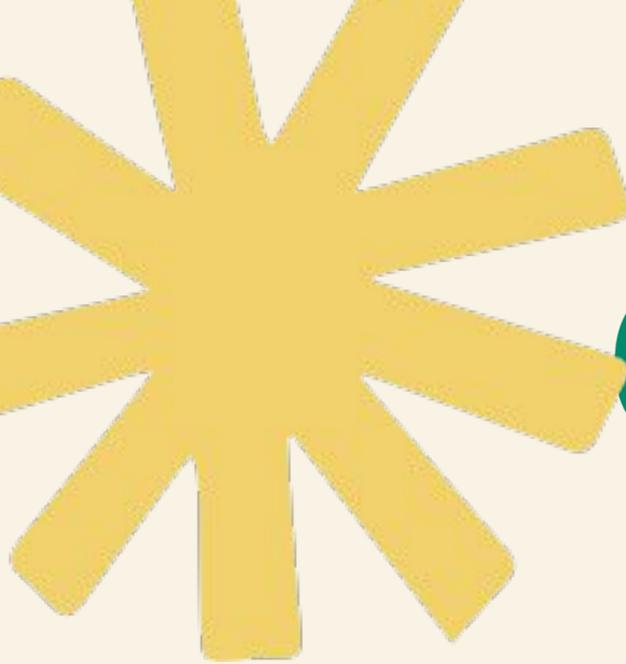
Construction on the Brain

Connections Time

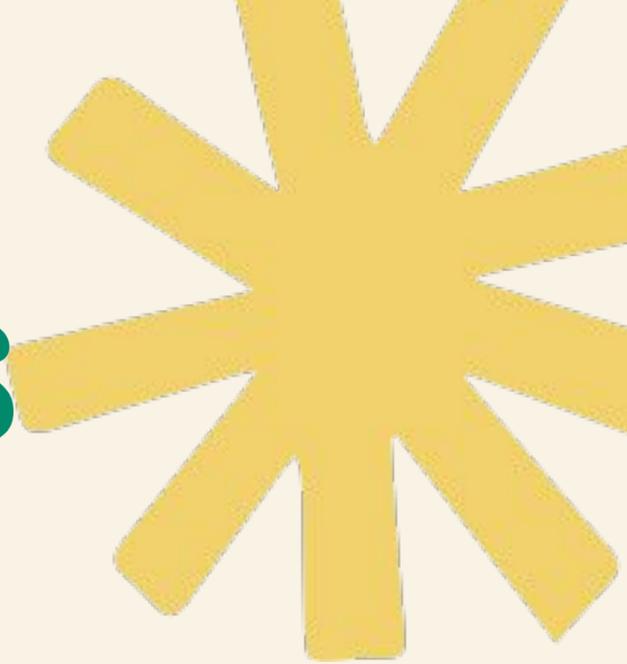
Social Media

- Life is in a highlight reel, but nobody is seeing the behind the scenes moments.
- Social media changes the views on oneself





Connection Stations



This or That

Take a moment
and get to know
each others
preferences

Rose, Thorn, Noodle

Share your
highlight, low
point, and
something silly
from your week.

Playlist

Together share
your top 3 songs
that you enjoy
and create the
playlist you can
both listen to in
the car.



**Thank
You!**